

# Julianne Davidow Davidow Coaching & Consulting



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## OVERVIEW

Julianne Davidow specializes in assisting with career planning and development, career transitions, and writing for business, strategizing, emotional intelligence, and insight. As a Professional Certified Coach, Julianne Davidow adheres to the core coaching competencies as outlined in the professional guidelines of the International Coaching Federation. In addition, through her extensive training in mindfulness and writing, she helps clients with stress reduction, maintaining focus, goal setting, and achieving optimal performance.

## CORE COMPETENCIES

- Consults on career transitions.
- Provides guidance on educational and training opportunities.
- Coaches entrepreneurs and creatives.
- Helps identify strengths and talents.
- Conducts group and individual coaching sessions for goal setting and planning.
- Instructs on writing for business and career advancement, and for personal growth and creativity.

## KEY DIFFERENTIATORS

Experience coaching new managers, creatives, and other professionals.  
Expertise in social and emotional intelligence skills in the workplace.  
Trained in mindfulness and stress reduction techniques.  
Proficient in designing online and in person writing courses, including business writing  
Facility in clear communication.

## CERTIFICATIONS

- NEW YORK CITY WBE CERTIFIED

## NIGP CODES

- 95226: COUNSELING
- 95228: EDUCATION AND TRAINING FOR CLIENTS INCLUDING LITERACY
- 92460: NOT FOR CREDIT CLASSES, SEMINARS, WORKSHOPS

## EDUCATION

BA Comparative Literature, Sarah Lawrence College  
MA Language and Literacy, CUNY  
TEFL Certified, U. of Toronto  
Coach Training, Mentor Coach LLC  
Coach Training Whole Person Model, Betterup.com  
Coach Training and Certification in Conscious Business Coaching, Betterup.com

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## **PAST AND PRESENT PERFORMANCE**

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- **Professional Certified Coach, PCC (International Coaching Federation)**

Coach university and high school students, and professionals employed in universities, health care, human resources, and financial institutions.

- **Fellow Coach for Betterup.com.**

Coach using assessments and coaching models based on research in behavioral science for business professionals.

- **Workshop presenter:**

1. Hunter College: Provided methods for students to achieve better focus and organizational methods to enhance academic performance.
2. New York Open Center: Led workshops on creativity and methods to examine core interests and life direction and purpose.
3. New York Public Library: Spoke on creativity development.

- **University writing instructor and teacher of ESOL:**

CUNY: City College, City Tech, Hostos Community College

Yeshiva University

City of Venice, Italy

Generali Insurance Group, Venice, Italy

Food and Agricultural Organization of the United Nations, Rome, Italy

St. Stephens Preparatory School, Rome, Italy

- **Published author:**

*Outer Beauty, Inner Joy: Contemplating the Soul of the Renaissance*; online and print articles.

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